



Aberdeen City Health & Social Care Partnership  
*A caring partnership*



# **A'thegither in Aberdeen**

## **Our Learning Disability Strategy**

Introduction	3
Who is the strategy for?	6
Making Connections	7
Aberdeen Focus	8
The Development	10
National Priorities	12
Our Vision	14
Our Priorities	16
Making it Real: Next Steps	19

# Introduction



Aberdeen is home to many people including people with Learning Disabilities.

---



Sometimes people with Learning Disabilities are not included when plans are made for the people living in Aberdeen.

---



We need to make sure that people with Learning Disabilities are included in plans.

---



We want people to know what they can expect from Health and Social Care Services.

---



To do this we will develop a Learning Disability **Strategy**. A **strategy** is a plan of work.

---



The strategy will show what we will do to make things better for people with Learning Disabilities in Aberdeen.

---



The strategy will focus on people's health and care needs.

Our strategy will be for 5 years, 2018-2023.

---

**Aberdeen City Health and Social Care Partnership** will write the strategy.



The **Partnership** is the name of the new organisation where Health and Social Care work together.

---



The Partnership wants to support people who may need more help, be lonely or feel unsafe.

The Partnership wants people to have better, healthier and happy lives.

---



It is important that we all work together to make this happen.

---

# Who is the strategy for?



This strategy is for people with a **Learning Disability**.

---

A **Learning Disability** is a lifelong condition that affects people's development.



This means they need help to:

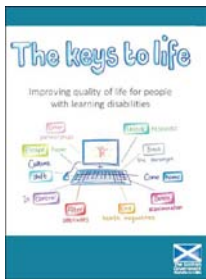
- Understand information.
  - Learn skills.
  - Cope independently.
- 



People with **Learning Disabilities** can have important roles at home, work and in the community.

---

# Making Connections



In Scotland, there is a **national strategy** for people with Learning Disabilities.

The **national strategy** is called the Keys to Life.

---



We want a local strategy for the people living in Aberdeen.

---



There are many new things happening in Aberdeen that people with Learning Disabilities should hear about and be able to take part in.

---



We want people with Learning Disabilities to have as many chances as other people.

---

# Aberdeen Focus



The Partnership supports many people with Learning Disabilities to manage their health and care needs.

---



We have different types of services because not all people with Learning Disabilities want or need the same thing.

---



We need resources to have good services for people with Learning Disabilities.



Resources are things like staff, buildings and money.

---







We need to use the resources that we have carefully.

---



We want everyone to help plan how we use the resources.

---

# The Development



We have asked many people about what they think should be in our strategy.

---

We talked and listened to:

- People with Learning Disabilities.
  - Families/carers.
  - Professionals/workers in Health and Social Care.
  - Organisations that work with people with Learning Disabilities.
  - Organisations that work within Health and Social Care.
- 





We had meetings.

We held events.

We had online and paper surveys.

---



We know there are many people who want to be involved and have a say.

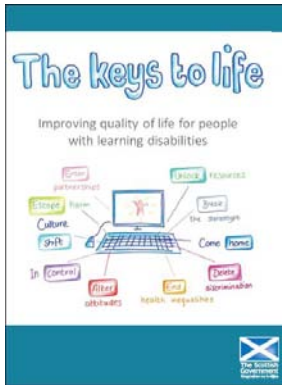
---



We want to keep having conversations about what we can do to make life better for people with Learning Disabilities.

---

# National Priorities



The Keys to Life have 4 national priorities:

- A Healthy Life.
  - Choice and Control.
  - Independence.
  - Active Citizenship.
- 



These priorities are known as **Strategic Outcomes**.

**Strategic Outcomes** tell us how well we are doing.

The new important areas are:

- Learning.
  - Living.
  - Working.
-



In Aberdeen this will mean:

Learning – Helping people with their skills and abilities at any age.



Living – Making Aberdeen a nice place for people with Learning Disabilities to live.



Working – Helping people with Learning Disabilities to get paid work.

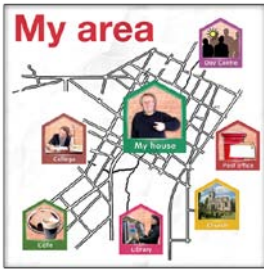
---



We will also think about other things that local people have said are important to them.

---

# Our Vision



We want you to have best use of local services and be part of the community.

---



We want you to be involved in local activities and groups.

---



We will work together to help people with Learning Disabilities to be included, listened to and have a say in the community.

---



We will work together to keep and make better the health and wellbeing of people with Learning Disabilities.

---



We will give people with Learning Disabilities the support they need at the right time.

---

# Our Priorities

## 3

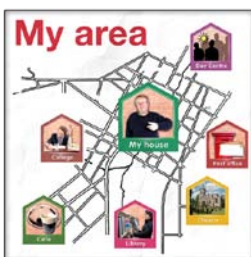
We have 3 important outcomes in the strategy for people with Learning Disabilities.

---

### Outcome 1

People feel connected to their communities:

We will look at:



- How people can be welcomed into communities and be involved in activities.
  - What different community resources are available and what is needed.
  - Housing options for people, including those with higher support needs.
  - How people can be involved in the services they receive.
-





## Outcome 2

People will be valued for their contributions and abilities.



We will look at:

- The information resources that are available for people.
- The skills, abilities and experiences people have.
- Ways that people can contribute their experiences and views.
- How people are involved in plans made about them.





## Outcome 3

People will be supported to maintain or improve their health and wellbeing.

We will look at:



- Promoting ways to have good health.
  - Supporting people to manage long term health conditions
  - Supporting positive wellbeing including mental health.
  - Specialist health conditions and treatments.
-

# Making it Real: Next Steps



We will develop plan of what we will do next.  
This is called an Action Plan.

---



We will make good changes to the lives of people  
with Learning Disabilities in Aberdeen.

---



We will review the plan to make sure things are  
working for people.

---



You can be involved in the review of how things  
are going.

---